

Allergen Data

Gallio Canary Wharf

WHILE YOU DECIDE AND SMALL PLATES

	Celery	Cereals With Gluten	Crust-aceans	Egg	Fish	Lupin	Dairy	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
MARINATED MEDITERRANEAN OLIVES														Yes
GARLIC ROSEMARY FLATBREAD		Wheat												
ZA'ATAR BREAD		Wheat										Yes		
PESTO MOZZARELLA FLATBREAD		Wheat					Yes							Yes
GARLIC HUMMUS		Wheat		Possible	Possible		Possible		Possible	Possible		Yes	Possible	Yes
HARISSA HUMMUS		Wheat		Possible	Possible		Possible		Possible	Possible		Yes	Possible	Yes
BEETROOT BORANI BOWL		Wheat					Yes					Yes		Yes
AVOCADO SALSA		Wheat		Possible	Possible		Possible		Possible	Possible		Yes	Possible	Yes
WHIPPED FEAT & HONEY		Wheat					Yes					Yes		Yes
TURKISH EZME SALAD		Wheat										Yes		Yes
HALLOUMI FRIES							Yes							
SWEET POTATO FALAFEL							Yes							
CHARRED MOROCCAN CHICKEN		Wheat					Yes					Yes		Yes
LAMB KOFTE		Wheat										Yes		Yes
ALEPPO CHILLI PRAWNS		Wheat	Yes		Yes							Yes		Yes
GALLIO CAESAR SALAD		Wheat					Yes							
CALAMARI		Wheat	Possible	Yes	Yes			Yes						
FLAME ROASTED AUBERGINE							Yes			Yes				
GALLIO SEASONAL GREEN SALAD														
TOMATO CUCUMBER PINK ONION SALAD														Yes
FLAME ROASTED TENDERSTEM BROCCOLI												Yes		Yes
FARRO SALAD WITH FETA		Wheat					Yes							Yes
PEACH FIG AND PROSCIUTTO SALAD														
YELLOW COUS COUS SALAD		Wheat										Yes		Yes
HOUSE FRIES							Yes							
SWEET POTATO FRIES				Yes			Yes							

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MEDITERRANEAN PIZZA

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
MARGHERITA (GLUTEN FREE)							Yes						Yes	
MARGHERITA		Wheat					Yes							
SPICY LAMB		Wheat					Yes					Yes		Yes
SPICY LAMB (GLUTEN FREE)							Yes					Yes	Yes	Yes
GALLIO GREEN (VG)		Wheat					Yes							
GALLIO GREEN (VG) (GF)							Yes						Yes	
GALLIO GREEN (VE)		Wheat												
MEAT CHARCUTERIE		Wheat					Yes							
MEAT CHARCUTERIE (GLUTEN FREE)							Yes						Yes	
MOROCCAN CHICKEN		Wheat					Yes					Yes		Yes
MOROCCAN CHICKEN (GF)							Yes					Yes	Yes	Yes
GREEK GODDESS (VE)		Wheat												
GREEK GODDESS (VE) (GF)													Yes	
SPANISH CHORIZO		Wheat					Yes							
SPANISH CHORIZO (GLUTEN FREE)							Yes						Yes	
ITALIAN TRUFFLE		Wheat					Yes							
ITALIAN TRUFFLE (GLUTEN FREE)							Yes						Yes	
THE MEDITERRANEAN SEAFOOD PIZZA		Wheat	Yes		Yes									
THE MEDITERRANEAN SEAFOOD PIZZA			Yes		Yes								Yes	

GALLIO SALAD BOWLS

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
Moroccan Harissa Chicken		Wheat					Yes					Yes		Yes
Lamb Kofte		Wheat										Yes		Yes
Diced Greek Feta		Wheat					Yes					Yes		Yes
Prawns		Wheat	Yes									Yes		Yes
Sweet Potato Falafel		Wheat					Yes					Yes		Yes
Halloumi Fries		Wheat					Yes					Yes		Yes

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SELECT YOUR DRESSING - BOWLS & WRAPS

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
AIOLI DIP				Yes						Yes				Yes
GALLIO PESTO							Yes			Yes				
TAHINI												Yes		
VEGAN MAYO									Yes					
SPICY ALEPPO CHILLI														
HARISSA MAYO									Yes			Yes		Yes
YOGHURT & HONEY							Yes							

MEDITERRANEAN WRAPS

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
Moroccan Harissa Chicken		Wheat					Yes					Yes		Yes
Lamb Kofte		Wheat										Yes		Yes
Diced Greek Feta		Wheat					Yes					Yes		Yes
Sweet Potato Falafel		Wheat					Yes					Yes		Yes
Halloumi Fries		Wheat					Yes					Yes		Yes

DESSERTS

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
BRONTE PISTACHIO gelato							Yes			Yes				
MADAGASCAN VANILLA gelato							Yes							
AMARENA CHERRY & ALMOND GELATO							Yes			Yes			Yes	
DARK CHOCOLATE sorbet													Yes	
RASPBERRY SORBET													Yes	
BAKLAVA PISTACHIO CHEESECAKE		Yes		Yes			Yes			Yes	Yes		Yes	
CHOCOLATE & TAHINI BROWNIE												Yes	Yes	
SICILIAN LEMON CHEESECAKE		Yes								Yes	Yes		Yes	Yes
SPANISH PEACH AND BERRY MESS							Yes							
GREEK DOUGHNUTS		Yes					Yes			Yes			Yes	

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ADDITIONAL TOPPINGS

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
BUFFALO MOZZARELLA							Yes							
FETA							Yes							
MOZZARELLA							Yes							
SPICED LAMB												Yes		Yes
VEGAN GRATED CHEESE														
VEGAN FETA CHEESE		Yes												
ANCHOVIES			Possible		Yes			Possible						

KIDS MENU

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
Pizza base		Wheat					Yes							
Pizza toppings:														
Cherry tomatoes														
Mushrooms														
Ham														
Olives														Yes
Fish fingers with salad		Yes	Possible		Yes			Possible						
Chicken nuggets with salad		Yes		Possible			Possible		Possible				Possible	
Fish fingers with chips		Yes	Possible		Yes			Possible						
Chicken nuggets with chips		Yes		Possible			Possible		Possible				Possible	
Cheesy Pasta		Wheat					Yes							
Hummus with flatbread		Wheat		Possible	Possible		Possible		Possible	Possible		Yes	Possible	Yes
KIDS DESSERTS														
Kids Chocolate Brownie with Ice cream							Yes					Yes	Yes	
Kids fruit Salad														
Kids Gelato							Yes							

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BEER AND CIDER

	Celery	Cereals With Gluten	Crust-aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
MYTHOS 4.7%		Barley												
BREWDOG PUNK IPA 5.6%		Barley												
BRULO IPA 0%		Barley												
FREE DAMM LAGER 0%		Barley												
REKORDERLING 4.5%														Yes
EFES Pilsner 100% malt alc 5%		Barley												

WINES

	Celery	Cereals With Gluten	Crust-aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
CARMELE RECAS PINOT NOIR														YES
PASSI NERI SYRAH														YES
LE JARDIN ROSE														YES
ALTOZANO VERDEJO SAUVIGNON BLANC														YES
COLLECTION NARINCE														YES

HOT DRINKS

	Celery	Cereals With Gluten	Crust-aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
Americano														
Espresso														
Cappuccino / Latte														
Cold Brew							Yes							
Mocha							Yes							
Hot Chocolate							Yes							
Fairtrade English Breakfast														
Fairtrade Earl Grey														
Fresh Mint Tea														
Fairtrade Lemon & Ginger Tea														
Fairtrade Organic Green Tea														
Blackberry & Raspberry Tea														

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COCKTAILS

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
BLACK CHERRY SLING														
HIBISCUS MOJO														
POMEGRANATE AND ROSE SPRITZ														Yes
SICILIAN SUNSHINE														
APEROL SPRITZ														Yes
CUBATA														
TINTO DE VERANO														
MEDITERRANEAN MARTINI														Yes
ESPRESSO MARTINI														
ESPRESSO MARTINI CAN														
PASSIONFRUIT MARTINI CAN														
STRAWBERRY DAIQUIRI CAN														
Peach Bellini can														

NON-ALCOHOLIC

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
BLACK CHERRY COOLER														
HIBISCUS & CUCUMBER														
POMEGRANATE AND ROSE FIZZ ORANGE & CARDAMON FIZZ														
APRICOT & VANILLA COOLER														

SOFT DRINKS

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
Coca-Cola / Diet Coke 330ml														
Marish Sicilian Lemon 200ml														
Marish Lemonade 200ml														
Marish Orange 200ml														
Sparkling Water 330ml														
Still Water 330ml														
Fresh Orange 250ml														
Organic Apple 250ml														
Pomegranate 250ml														
Cranberry 250ml														