

Category	Dish	Celery	Gluten	Crustaceans	Egg	Fish	Lupin	Dairy	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
Breads & Mezze	OLIVES														
Breads & Mezze	ZA'ATAR BREAD		Yes										Yes		
Breads & Mezze	FOUR CHEESE BREAD		Yes					Yes							Yes
Breads & Mezze	WILD MUSHROOM HUMMUS		Yes		Possible	Possible				Possible	Possible		Yes	Possible	Yes
Breads & Mezze	SPICED LAMB HUMMUS		Yes		Possible	Possible				Possible	Possible		Yes	Possible	Yes
Breads & Mezze	Red Pepper and Walnut Hummus		Yes								Yes				Yes
Breads & Mezze	ROASTED GARLIC HUMMUS		Yes		Possible	Possible				Possible	Possible		Yes	Possible	Yes
Breads & Mezze	HARISSA HUMMUS		Yes		Possible	Possible				Possible	Possible		Yes	Possible	Yes
Small Plates	FALAFEL		Yes					Yes					Yes		Yes
Small Plates	TABBOULEH	Yes												Yes	Yes
Small Plates	HERITAGE TOMATO SALAD														Yes
Small Plates	FIRE ROASTED TENDERSTEM BROCCOLI		Yes								Yes				Yes
Small Plates	SUMAC SMOKED SALMON AND DILL					Yes									Yes
Small Plates	BAKED KING SCALLOP			Possible		Possible		Yes	Yes						Yes
Small Plates	Za'atar BEEF CROQUETAS		Yes					Yes					Yes		
Small Plates	HONEY TRUFFLED PATATAS		Yes					Yes					Yes		Yes
Small Plates	HALLOUMI		Yes					Yes					yes		Yes
Small Plates	BRAISED SHORT RIB OF BEEF	Yes	Yes					Yes		Possible				Possible	Yes
Small Plates	LAMB Meatballs		Yes					Yes					Yes		Yes
Small Plates	TIGER PRAWNS			Yes		Possible		Yes							Yes
Small Plates	CALAMARI		Yes	Possible	Yes	Possible		Yes	Yes						
Small Plates	GREEK SALAD							Yes							Yes
Small Plates	PATATAS BRAVAS		Yes		Yes			Yes					yes		Yes
Sides	HOUSE FRIES		Yes					Yes					yes		
Sides	LEBANESE SLAW												Yes		Yes
Sides	TRIPLE GRAIN PILAF		Yes										Yes		Yes
Sides	FLATBREAD SIDE (PIZZA DOUGH)		Yes										Possible		
Topped Flatbreads	TURKISH EGGS & LAMB		Wheat		Yes			Yes					Yes		Yes
Topped Flatbreads	SMOKEY CHICKPEAS		Wheat		Yes			Yes							
Topped Flatbreads	MUSHROOM & TRUFFLE		Wheat		Yes			Yes							Yes
Topped Flatbreads	Shawarma CHICKEN		Wheat					Yes							Yes
Filled Pitta	LAMB KOFTE		Yes		Yes			Yes					Yes		Yes
Filled Pitta	Shawarma CHICKEN		Yes		Yes			Yes					Yes		Yes
Filled Pitta	FALAFEL		Yes		Yes			Yes					Yes		Yes
Filled Pitta	BEEF SHORT RIB		Yes		Yes			Yes					Yes		Yes
Mediterranean Pizza	TOMATA PIZZA (GLUTEN FREE)							Yes						Yes	
Mediterranean Pizza	TOMATA PIZZA		Yes					Yes							
Mediterranean Pizza	LAMB PIZZA		Yes					Yes					Yes		Yes
Mediterranean Pizza	LAMB PIZZA (GLUTEN FREE)							Yes					Yes	Yes	Yes
Mediterranean Pizza	WILD MUSHROOM PIZZA (VG)		Yes					Yes							
Mediterranean Pizza	WILD MUSHROOM PIZZA (VG) (GF)							Yes						Yes	
Mediterranean Pizza	WILD MUSHROOM PIZZA (VE)		Yes												
Mediterranean Pizza	NDUJA PIZZA		Yes					Yes							
Mediterranean Pizza	NDUJA PIZZA (GLUTEN FREE)							Yes						Yes	

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Mediterranean Pizza	CHICKEN PIZZA		Yes					Yes							Yes
Mediterranean Pizza	CHICKEN PIZZA (GF)							Yes							Yes
Mediterranean Pizza	TARTUFO		Yes					Yes							
Mediterranean Pizza	TARTUFO (GLUTEN FREE)							Yes						Yes	
Mediterranean Pizza	CHORIZO		Yes					Yes							Yes
Mediterranean Pizza	CHORIZO (GLUTEN FREE)							Yes						Yes	Yes
Mediterranean Pizza	MARGHERITA		Yes					Yes							
Mediterranean Pizza	MARGHERITA (GLUTEN FREE)							Yes						Yes	
Pilaf Bowls	Shawarma CHICKEN		Wheat		Possible			Yes						Possible	Yes
Pilaf Bowls	FALAFEL		Wheat		Possible			Yes					Yes	Possible	Yes
Pilaf Bowls	LAMB KOFFE		Wheat		Possible			Yes					Yes	Possible	Yes
Dips	AIOLI DIP				Yes										Yes
Dips	ZHOUGH														Yes
Dips	TAHINI												Yes		
Dips	Pistachio Pesto							Yes			Yes		Yes	Yes	
Dips	HARISSA YOGHURT							Yes							Yes
Dips	GARLIC YOGHURT							Yes							Yes
Dips	BRAVAS SAUCE														Yes
Wraps	BEEF SHORT RIB		Yes					Yes							Yes
Wraps	Shawarma CHICKEN		Yes					Yes							Yes
Wraps	FALAFEL		Yes					Yes					Yes		Yes
Dessert	BRONTE PISTACHIO gelato							Yes			Yes				
Dessert	MADAGASCAN VANILLA gelato							Yes							
Dessert	STRAWBERRY							Yes							Yes
Dessert	DARK CHOCOLATE sortbet														Yes
Dessert	RASPBERRY SORBET														Yes
Dessert	HOMEMADE BAKLAVA		Yes		Yes			Yes			Yes	Yes	Yes		
Dessert	VANILLA BLOSSOM CHEESECAKE		Yes		Yes			Yes			Yes	Yes		Yes	
Dessert	CHOCOLATE & SESAME BROWNIE		yes					yes			Yes		Yes	Yes	
Dessert	SICILIAN LEMON CHEESECAKE		Yes								Yes	Yes		Yes	Yes
Dessert	GREEK DOUGHNUTS		Yes		Yes			Yes			Yes		Yes	Yes	
Dessert	GREEK YOGHURT & FRUITS		Yes					Yes			Yes	Yes			
Dessert	CREMA CATALANA				Yes			Yes							
Dessert	AFFOGATO							Yes							
Lunch Menu	Lamb Kofte meatballs		Yes										Yes		
Lunch Menu	Quinoa Tabbouleh	yes												yes	
Lunch Menu	Sesame Coated Falafel		Yes										Yes		
Lunch Menu	Za'atar Coated Beef Croquettes		yes		Yes			Yes					Yes		
Lunch Menu	Wrap - Chicken		yes					Yes							
Lunch Menu	Wrap - Falafel		yes					Yes					Yes		
Lunch Menu	Wrap - Beef		yes					Yes							
Lunch Menu	Grain Bowl - Chicken														
Lunch Menu	Grain Bowl - Falafel		yes					yes					Yes		
Lunch Menu	Grain Bowl - Lamb Kofte		yes										yes		

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Lunch Menu	Shakshuka - Merguez		yes					Yes							
Lunch Menu	Shakshuka - Lamb Meatballs		yes					Yes							
Lunch Menu	Shakshuka - Avocado		yes					Yes							
Lunch Menu	Puccia - Tomato		yes					Yes			Yes				
Lunch Menu	Puccia - Merguez		yes					Yes			Yes				
Lunch Menu	Puccia - Turkey Bacon		yes		yes			Yes			Yes				
Lunch Menu	Extra - House Fries		yes					yes					Yes		
Lunch Menu	Extra - Pilaf		yes		may								Yes		
Lunch Menu	Extra - Seasonal Salad														
Lunch Menu	Extra - Za'atar Flatbread		yes										Yes		
Breakfast	AVOCADO EGG FETA FLATBREAD		Yes		Yes			Yes							
Breakfast	BREAKFAST TIRAMISU		Yes												
Breakfast	Croissant - Honey		Yes		Possible			Yes			Possible	Possible	Possible	Possible	
Breakfast	Croissant - Mozzarella & Tomato		Yes		Possible			Yes			Possible	Possible	Possible	Possible	Yes
Breakfast	Croissant - Pistachio Chocolate		Yes		Possible			Yes			Yes	Possible	Possible	Possible	
Breakfast	Croissant - Proscuitto & Mozzarella		Yes		Possible			Yes			Possible	Possible	Possible	Possible	Yes
Breakfast	Croissant - Smoked Salmon & Avocado		Yes		Possible	Yes		Yes			Possible	Possible	Possible	Possible	Yes
Breakfast	EGGS BENEDICT FLATBREAD		Yes		Yes			Yes							Yes
Breakfast	FULL BREAKFAST FLATBREAD		Yes		Yes			Yes		Yes					Yes
Breakfast	GREEK DOUGHNUTS		Yes					Yes			Yes				
Breakfast	GREEK YOGHURT & FRUITS		Yes					Yes			Yes	Yes			
Breakfast	SALMON & AVOCADO FLATBREAD		Yes		Yes	Yes		Yes							Yes
Breakfast	SMOKEY CHICKPEAS FLATBREAD		Yes		Yes			Yes							Yes
Breakfast	TOMATO & PIQUILLO SHAKSHUKA		Yes		Yes			Yes							Yes
Breakfast	TURKISH EGGS		Yes		Yes			Yes							
Breakfast Additions	BAKED FLATBREAD (Yoghurt)		Yes					Yes							
Breakfast Additions	BUFFALO MOZZARELLA							Yes							
Breakfast Additions	FETA							Yes							
Breakfast Additions	MERGUEZ SAUSAGE		Yes					Yes		Yes					
Breakfast Additions	MOZZARELLA							Yes							
Breakfast Additions	POACHED EGG				Yes										
Breakfast Additions	SPICED LAMB												Yes		Yes
Breakfast Additions	TURKEY BACON														
Breakfast Additions	VEGAN FETA CHEESE		Yes											Yes	
Breakfast Additions	VEGAN GRATED CHEESE													Yes	
Breakfast Additions	WILD MUSHROOM														
ADDITIONAL TOPPINGS	BUFFALO MOZZARELLA							Yes							
ADDITIONAL TOPPINGS	FETA							Yes							
ADDITIONAL TOPPINGS	MOZZARELLA							Yes							
ADDITIONAL TOPPINGS	SPICED LAMB												Yes		Yes
ADDITIONAL TOPPINGS	VEGAN GRATED CHEESE													Yes	
ADDITIONAL TOPPINGS	VEGAN FETA CHEESE		Yes											Yes	
Pizza Delivery	CHICKEN PIZZA		Yes					Yes							Yes
Pizza Delivery	SPICY CHORIZO		Yes					Yes							Yes







